

SEA, SALTS & SAIL 2026

3rd, 4th, 5th JULY



SAILING INSTRUCTIONS

'Timeless Traditions'

by Vicki Norman

Sea, Salts & Sail 2026 - Sailing Instructions Guide

These apply to all entrants to the Regatta

1. Rules

- 1.1. The 'Parade of Sail' and any other sailing displays or events in this Regatta will be governed by the International Regulations for the Prevention of Collisions at Sea.

2. Conditions of Entry

- 2.1. The event is open to Traditional Sailing Boats. The Committee reserves the right to refuse any entry that is not considered Traditional (or in the Spirit of tradition).
- 2.2. The organisers shall not be liable for any loss, damage, death or personal injury howsoever caused to the owner/participant, skipper or crew, or any third party, as a result of their taking part in the events. Moreover, every participant warrants the suitability of their boat for the events.
- 2.3. The safety of a boat and its entire management including insurance, shall be the sole responsibility of the owner/participants who must ensure that the boat is fully found, thoroughly seaworthy, and manned by a crew sufficient in number and experience who are physically fit to face bad weather and the festival sailing conditions. The owner/participants must be satisfied as to the soundness of the hull, spars, rigging, sails and all gear. They must ensure that all safety equipment, including personal buoyancy for all persons on board, is properly maintained, stowed, in date and that the crew know where it is kept and how it is to be used when under sail.
- 2.4. If a boat is seen to be in distress with no Safety Boat in attendance, the nearest boat to the incident will be expected to render assistance to the extent that they can, and if they have VHF, to inform the Event Officer (or Coastguards).
- 2.5. By taking part in the festival, you agree to abide by these instructions.

3. Notice to Participants

- 3.1. Any changes to these instructions will be notified at the Skipper's Briefing each morning.
- 3.2. Schedules of Parades, courses, other events and start times will be as in these Sailing Instructions or as determined by the Event Officer on the day, giving due regard to weather, tide and capabilities of entrants.
- 3.3. Notices etc will be posted on a board close to the Signal Mast, which is located near the harbour entrance on the South Pier.
- 3.4. Boats will be assigned to fleets (based on LOD size) as per SI 10.2.
- 3.5. All boats entered will be issued with an identification number. This should be displayed at or around the shrouds on the Starboard side for events starting in a Southerly direction, and on the Port side for events starting in a Northerly Direction (TBC on the day).
- 3.5 All radio communications will take place on VHF ch77 unless otherwise notified on the official Notice Board.

4. Signals and Starting Sequence

- 4.1. Signals made ashore will be given by flags hoisted on the Signal Mast towards the end of Mousehole South Harbour Wall. Pictures of the flags are in Appendix E.
- 4.2. The class flags will be as follows (see also 10.2):
 - Class 1: International Code Flag Numeral 1
 - Class 2: International Code Flag Numeral 2
 - Class 3: International Code Flag Numeral 3
- 4.3. Appendix A describes the courses that may be set. The course for each class to sail in an event will be displayed at least one hour before the Warning Signal.
- 4.4. The starting sequence and signals are shown on the back page, in the order and with the times that will be used. Each flag signal may be accompanied by a sound signal.
- 4.5. Classes will start sequentially in the order 1, 2, 3 at the times shown in Appendix B

5. Postponements

- 5.1. Postponements will be signalled by displaying flag AP with two sound signals. All classes which have not yet started are postponed. The postpone flag will be removed (with one sound signal) one minute before the Warning Signal for the next class due to start in the sequence given in Appendix B.

6. Penalties

- 6.1. There will be no recalls. To avoid delays to displays and congestion on the start line, any boat deemed to be over the start line at the starting signal will be given a two position penalty without a hearing.
- 6.2. A boat obstructing or in any other way infringing upon or interfering with another's progress may absolve herself by making a 360 degree turn as soon as circumstances permit.

7. Start Line

- 7.1. The Start Line will be an imaginary line between the Signal Mast on the South Harbour Wall and an orange (TBC) buoy laid approximately 200 metres to the ESE of the Harbour Mouth. TBC with Event Officer.

8. Finishing

- 8.1. The Finish Line shall be the same as the Start Line unless the course is shortened at a mark, in which case the Finish Line will be between that Mark and a nearby boat displaying Flag S.
- 8.2. The Event Officer may award a finishing position to boats which are still sailing, even if they have not crossed the Finish Line. The decision of the Event Officer is final.
- 8.3. A sound signal will be made to indicate to the first boat in each class that they have finished. Subsequent boats may also receive a sound signal.
- 8.4. If it is necessary to shorten a course, Flag S will be displayed with two sound signals. If a Class Flag is also displayed, then only that Class is shortened, otherwise all classes are shortened. Stay tuned to ch77.
- 8.5. Any boat that retires from an event must inform the Event Officer.

9. Protests

- 9.1. This Regatta comprises a number of Exhibition Events and Parades of Sail, and protests will not be permitted; participants are encouraged to settle their differences amicably over a drink!

10. Scoring System and Fleets

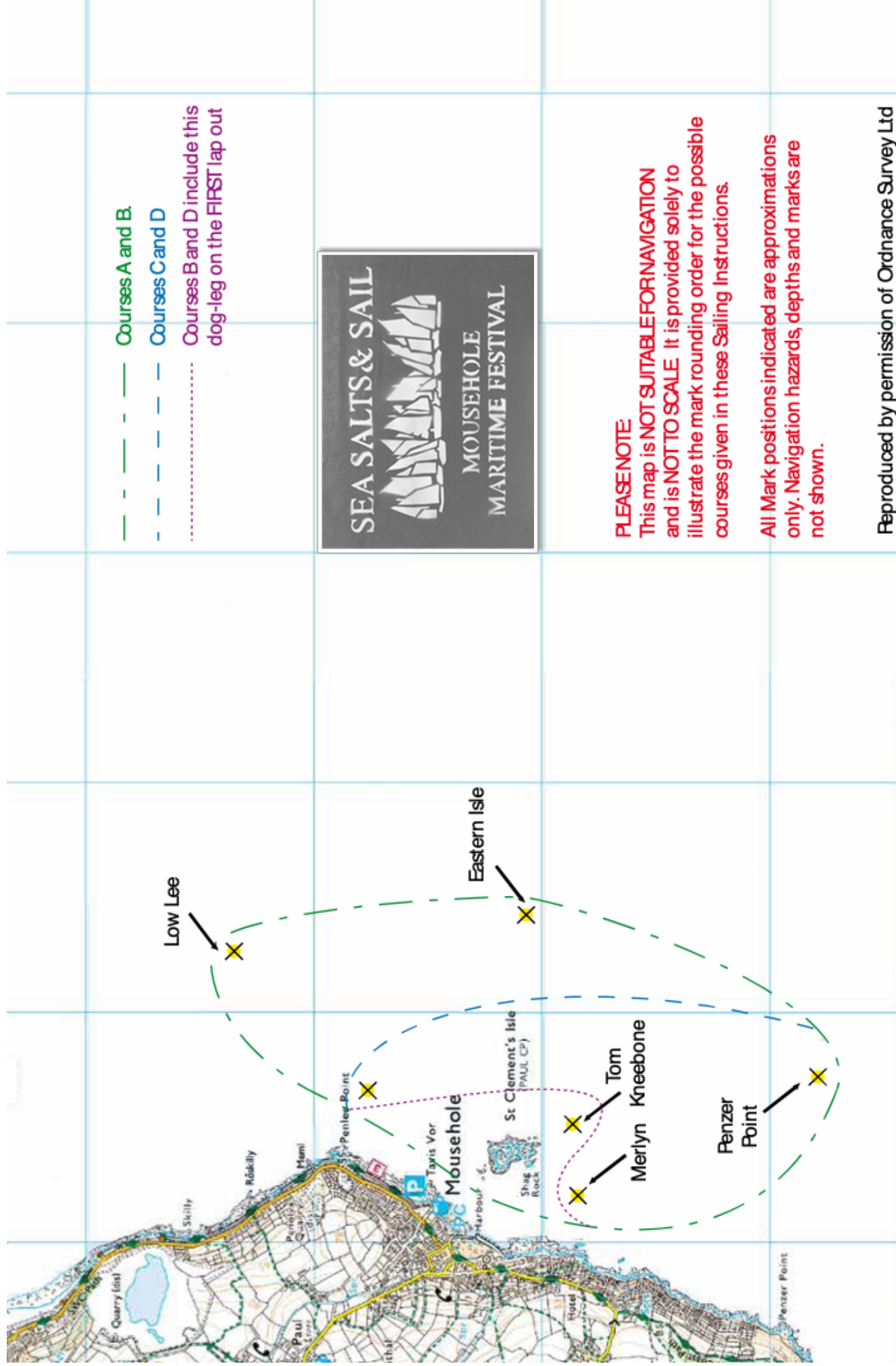
- 10.1. A Low Point System of scoring will be used based on boats finishing positions. Boats that do not start correctly will be given a penalty of two finishing places.
- 10.2. Handicaps will not be used. Each boat will be assigned to a Class based on Length Over Deck (LOD) as follows:
 - Class 1: 32ft LOD and over
 - Class 2: 23ft LOD up to 32ft LOD
 - Class 3: Less than 23ft LOD.

To balance the number of participants in each class, these limits may vary slightly. We hope boats will enter into the spirit of these Gala Events and appreciate it is a traditional festival, particularly for traditional vessels. Don't expect a prize if you win, sailing a souped up traditionally built GRP vessel. But do enter into the spirit of things.

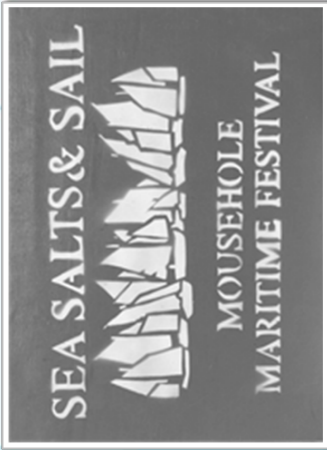
11. Prizes

- 11.1. Prizes will be awarded at the discretion of the Sailing Committee.

Indication of course layouts and directions



- - - Courses A and B.
- - - Courses C and D
- . . . Courses B and D include this dog-leg on the FIRST lap out



PLEASE NOTE
 This map is **NOT SUITABLE FOR NAVIGATION** and is **NOT TO SCALE**. It is provided solely to illustrate the mark rounding order for the possible courses given in these Sailing Instructions.

All Mark positions indicated are approximations only. Navigation hazards, depths and marks are not shown.

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Appendix A - Courses

The following courses are planned, although prevailing conditions may require changes on the day. Any changes to these proposed courses will, if possible, be explained at the daily Skipper's Briefing and/or notified by radio or word of mouth via the water taxis as far in advance of the start as possible. Keep listening to ch77

Flag L will be displayed to indicate that a change has been made, so if you see this please make every effort to establish what the changes are before the start!

The course to be sailed for each class and the number of laps (all dependent on the wind strength/direction etc) will be indicated on a board displayed on the south pier railings whilst boats are leaving harbour, and on the outer wall whilst boats are assembling on the start line. The 'map' in the centre of this booklet indicates the approximate position of the marks and is a guide to the layout and direction of the courses only.

All starts will normally be downwind, on a run or broad reach.

Courses:

- A. Start Line - Penlee Point to Starboard - Low Lee to Starboard - Eastern Isle to Starboard - Penzer Point to Starboard - Finish
 - B. Start Line - Penlee Point to Starboard - Low Lee to Starboard - Eastern Isle to Starboard - Penzer Point to Starboard - Merlyn to Starboard - Tom Kneebone to Port - Penlee Point to Starboard - Low Lee to Starboard - Eastern Isles to Starboard - Penzer Point to Starboard - Finish
 - C. Start Line - Penlee Point to Starboard - Penzer Point to Starboard - Finish
 - D. Start Line - Penlee Point to Starboard- Penzer Point to Starboard - Merlyn to Starboard - Tom Kneebone to Port - Penlee Point to Starboard - Penzer Point to Starboard - Finish
- For courses B and D, the dog-leg around Merlyn and Tom Kneebone buoys is to be sailed on the FIRST LAP ONLY; all subsequent laps should go through the channel between St Clement's Isle and the harbour.
 - North start - GREEN Flag. The above course descriptions assume that the wind is suitable for a downwind start heading North across the Start Line - a GREEN flag will be flown at the start to indicate this.
 - South start - RED Flag. If the wind on the day requires the course to be sailed in the opposite direction (downwind start heading South, with Marks to be passed in the reverse order and all but Tom Kneebone to Port) then a RED flag will be flown at the start.

Appendix B - Schedule of Events

Saturday 4th July: (all times BST)

HW: 08.27 (4.88) LW: 14.31 (1.42) HW: 20.44 (5.14)

The lack of water in the harbour means that boats will need to start leaving the harbour from approximately 07:30. Or preferably, as soon as water allows.

There will be two Events today, with staggered starts for each Class as follows:

Morning Event	Afternoon Event
Class 1 – 10:30	Class 1 - 15:00
Class 2 – 10:40	Class 2 - 15:10
Class 3 – 10:50	Class 3 - 15:20

NOTE: There is a sculling competition in the harbour - starts 19.00. Gather from 18.30. Do leave your vessel anchored off and feel free to get involved. Or come in as soon as the event finishes. For deeper drafted vessels, access into harbour will not be possible much before 17:30.

Sunday 5th July: (all times BST)

HW: 09.06 (4.82) LW: 15.10 (1.47) HW: 21.24 (5.07)

The lack of water in the harbour means that boats will need to start leaving the harbour from approximately 08:00. Or preferably, as soon as water allows.

There will be two Events today, with staggered starts for each Class in the first event.

Morning Event

Class 1 – 10.30

Class 2 – 10.40

Class 3 – 10.50

Afternoon Event

The Gala Parade of Sail will commence 15:00 (start time TBC)

Parade Of Sail: All entrants will sail in the indicated direction: around St Clement's Isle to form a Flotilla, rounding Eastern Isle, Merlyn, St Clement's Isle, via the harbour channel until all boats have had enough or until 17:00, whichever occurs first! The end of the Parade will be signalled by the lowering of the direction flag and a sound signal. For deeper drafted vessels, access into harbour will not be possible much before 17:30.

NOTE: Each event is intended to last approximately one and a half / two hours. Launches will provide lifts to / from anchored vessels during the day if need be.

Appendix C – Course Marks

Courses may make use of the Low Lee cardinal mark. This marks a rock that has at least 2 meters of water above it at low water on a spring tide. If you anticipate the depth here being an issue, sail to a point due east of the mark and then turn to port or starboard as the course requires to continue.

Marks laid by the SSS Sailing Committee will be buoys with 'St Piran' flags. (TBC)

Appendix D - Safety

Courses are set to keep sailors clear of the hazards at Low Lee, Carn Base, Dog Rock, Tom Kneebone's Ledge and the rocky areas around St Clement's Isle which can be hazardous at or around low water. Don't cut the corners here.

Please be aware that the northern exit from the area between St Clement's Isle and Mousehole is shallow at low water, with only a very narrow channel of relatively deep water.

An up-to-date Admiralty Chart showing the position of marks laid for the Regatta will be available for consultation by entrants.

With special thanks to the Sail Events Officer, Mike Winiberg, for managing all the Sailing events and for overseeing the production of this guide - and hopefully keeping most of us sailing in the right direction.

As ever, please liaise with Rob, Dan or Mike regarding sailing questions.

PLEASE BE SAFE AND WEAR LIFE JACKETS


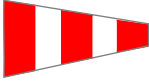

Appendix E - Signal Flags

To avoid confusion, here are the flags that will be used to signal to entrants, as described in the Sailing Instructions:

Class Flags:

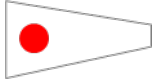
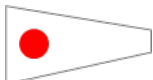

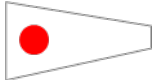
 <p>Class 1 32 ft LOD and over</p>	 <p>Class 2 23 ft to 32 ft LOD</p>	 <p>Class 3 Less than 23 ft LOD</p>
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Starting and other flags

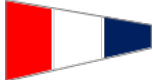



 <p>Preparatory Signal Flag (5min. to start)</p>	 <p>AP – Event Postponed</p>	 <p>L – Changes to SIs posted above</p>	 <p>S – Course has been shortened</p>
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Starting Flags

A sound signal – air horn – will be made each time a flag is displayed or lowered, but that may not carry out onto the water – so take your times from the movement of the flags.

Class 1	
Time to Start (min)	Flags Displayed
15	
10	 
5	 P Removed
0	All Flags Removed

Class 2	
Time to Start (min)	Flags Displayed
15	
10	 
5	 P Removed
0	0

Class 3	
Time to Start (min)	Flags Displayed
15	
10	 
5	 P Removed
0	All Flags Removed

NOTES: